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ABSTRACT

Close parent-child relationships begin with an early, effective approach to everyday discipline problems. This book focuses on children from infancy to age five and discusses practical ways to handle common discipline problems using an approach of identifying the problem and providing a goal behavior. Thirty eight chapters address the following discipline issues: (1) planning before discipline problems arise; (2) disagreements over discipline; (3) spanking and nonphysical discipline techniques; (4) punishments, time-outs, and loss of privileges; (5) thumb sucking and pacifier use"; (6) terrible twos; (7) problem-solving games; (8) toilet training; (9) lying; (10) stealing; (11) fighting with friends or siblings; (12) bedtime problems; (13) Crude language and name calling; (14) the difficult child; (15) chores; (16) destructive discipline and constructive discipline; (17) appearances; (18) company manners; (19) rewards; (20) discipline without sibling rivalry; (21) empathy; (22) telephone training; (23) limits in stores; (24) different rules; (25) apologizing; (26) answering back; (27) dawdling and forgetfulness; (28) bringing friends home; (29) manners; (30) food preferences; (31) sharing; (32) discipline during and after illness; (33) privacy and family discussions; (34) aggressive or passive behavior; (35) television viewing; (36) parental exhaustion; (37) parental instincts; and (38) seeking outside advice. The last section provides sections for questions and answers, a glossary, a listing of resources for parents, and a bibliography of suggested readings. (SD)

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